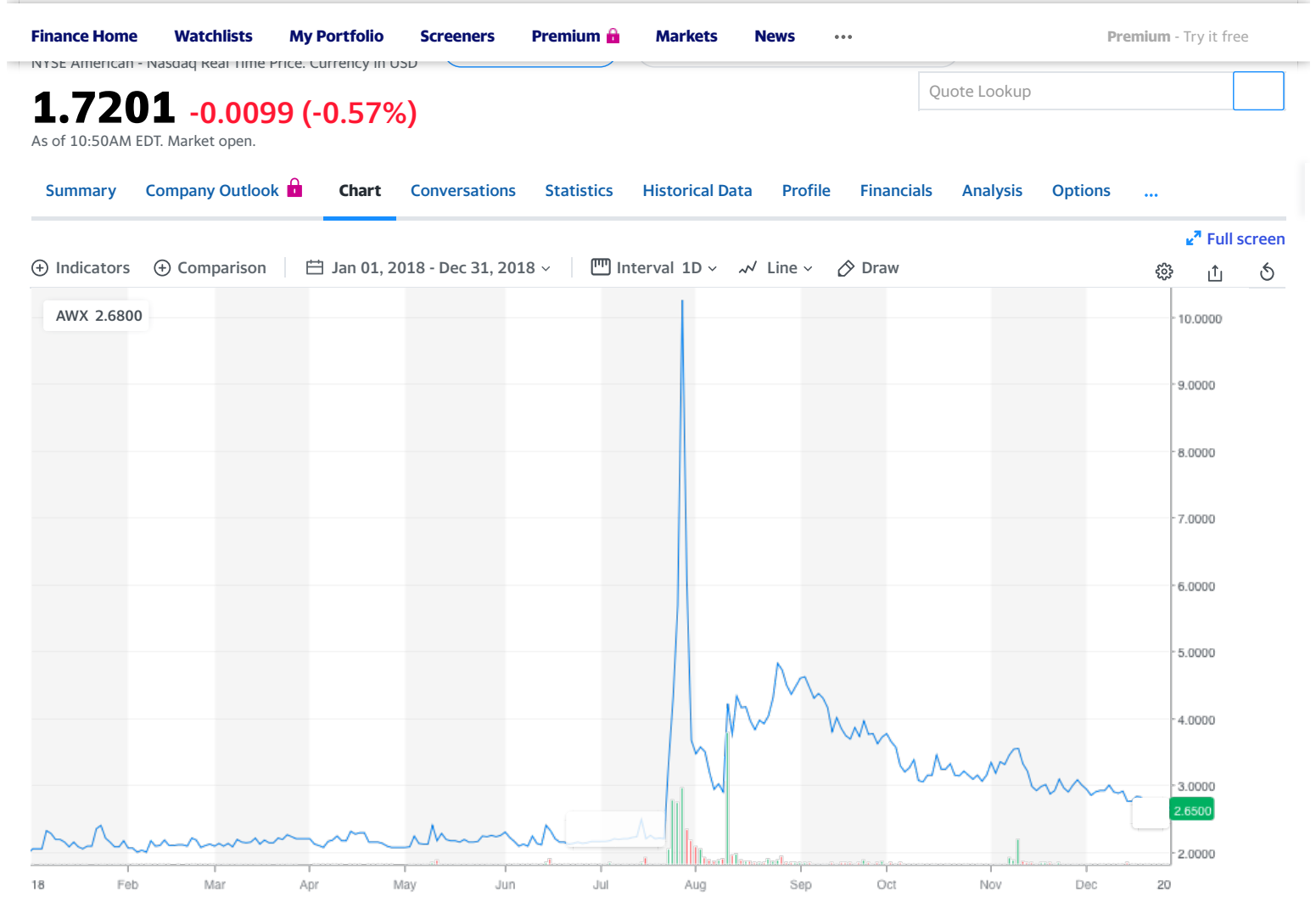


EXHIBIT 2



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Avalon Holdings Corporation Announces First Quarter Results

Avalon Holdings Corporation (NYSE Amex:AWX) today announced